

# Autumn 2017 Menu Week 1

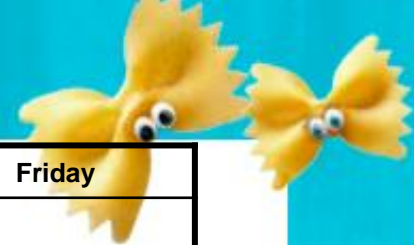


	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	Turkey Meatballs in tomato sauce & Pasta with Jacket Wedges	Beef & Vegetable pie with New Potatoes	Roast Turkey with Crispy Spuds and Gravy	Chinese Chicken Noodles	Crispy Fish & Chips
<b>Sandwiches</b>	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna
<b>Jacket Potatoes</b>	Cheese	Cheese & Bean	Tuna	Cheese	Baked Beans
<b>Alternative Dish</b>	Crunch Topped Vegetable Bake	Vegemince & Onion Pie	Cheese & Potato Bake	Vegetable Biryani	Veggie Hot Dog with Chips
<b>Desserts</b>	Wedges of Melon Frutti Yoghurt Fresh Fruit	Pineapple and Peach crumble Fresh Fruit	Date Bar Yoghurt Fresh Fruit	Fruit Flapjack* Fresh Fruit Yoghurt	Chocolate and Banana Muffin* Fresh Fruit Yoghurt

Cool Water served daily  
\*Fruit Based \*\*Wholegrain



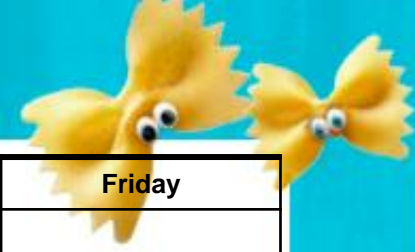
# Autumn 2017 Menu Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	Bolognaise Pasta Bake	Pork sausages with a Creamy Mash and Gravy	Roast Chicken with Crispy Spuds with Gravy	Beef Cobbler with New Potatoes	Golden Fish with Chips
<b>Sandwiches</b>	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna
<b>Jacket Potatoes</b>	Cheese	Cheese & Bean	Tuna	Cheese	Baked Beans
<b>Alternative Dish</b>	Boston Bean Casserole with Rice	Vegetarian Sausages With Creamy Mash and Gravy	Quorn Roast with Roast Potatoes with Gravy	Creamy Tomato and Basil Pasta	Bean and Potato Burrito with Chips
<b>Desserts</b>	Chocolate and Mandarin Sponge with chocolate sauce  Fresh Fruit	Oatie Biscuit Yoghurt Fresh Fruit	Peaches with homemade granola Fresh Fruit	Carrot & Pineapple Cake slice Fresh Fruit	Strawberry Cheesecake Fresh Fruit Yoghurt



# Autumn 2017 Menu Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Mozzarella &amp; Tomato Piza</b> with Oven Baked Wedges	<b>Chicken Curry</b> with Rice	<b>Honey Roast Gammon</b> <b>With Roast Potatoes</b> and Gravy	<b>Cottage Pie</b> with Fresh vegetables	<b>Crispy Salom Fillet with Chips</b> or <b>Fish Fingers with Chips</b>
<b>Sandwiches</b>	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna
<b>Jacket Potatoes</b>	Cheese	Cheese & Bean	Tuna	Cheese	Baked Beans
<b>Alternative Dish</b>	<b>Quorn Sausage and Tomato Pasta Bake</b> with a Bread Wedge	<b>Cheese and Sweetcorn Quiche</b> with New Potatoes	<b>Shepherdess Pie</b>	<b>Mild Yellow Vegetable Curry</b> with Rice	<b>Veggie Quesadilla</b> with Chips
<b>Desserts</b>	<b>Strawberry Yoghurt</b>  Fresh Fruit	<b>Apple Cracknell</b>  Fresh Fruit	<b>Mini Gingerbread Cake</b> Fresh Fruit	<b>Chocolate Sultana Crispie</b> Fresh Fruit	<b>Creamy Rice Pudding</b>  Fresh Fruit

Cool Water served daily  
\*Fruit Based \*\*Wholegrain

